

DC RANCH

# PICKLEBALL

## SCHEDULE



Pickleball Courts Open Daily 7am – 9:55pm

SEPT - OCT

PLEASE CHECK IN AT THE TENNIS DESK, PLEASE REFER TO THE APP AS PROGRAMS CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	OUTDOOR
<b>Intermediate Clinic</b> 7am-8am   \$20	<b>Cardio Pickleball</b> 7:30am – 8:30am   \$20	<b>Ladies Advanced League</b> 7:30am   \$25 9/10-10/29	<b>Men's Pro League</b> 7am-9am   \$25	<b>Lady Rotation League</b> 7am, 8:30am \$25 9/12-10/31	<b>Open Play</b> 7am-10am   Free	<b>Open Play</b> 7am-10am   Free	<b>Open Play</b> MON – WED 3.0 + 7 – 9 AM
<b>Open Play</b> 7-9am   Free	<b>Ladies League Practice</b> 7am-8:30am   \$15	<b>Open Play</b> 7-9am   Free	<b>Cardio Pickleball</b> 7:30am – 8:30am   \$20	<b>Travel Team Practice</b> 9-10:30   \$30 Starts 10/3	<b>Intermediate Clinic (3.0-)</b> 7am-8am   \$20		<b>THURS &amp; FRI</b> 9 - 11 AM
<b>Beginner League Practice</b> 7:30-9am   \$15/\$25	<b>Road to 4.0</b> 8:30-10am   \$35	<b>Zip Code League</b> 9am   10/1 – 8 weeks	<b>50+ Mixed League</b> 7am   \$25 9/11-10/30	<b>Open Play</b> 9-11am   Free	<b>SPCL M/WMN League</b> 9/10 AM   \$50 10/16 – 8 weeks		<b>SAT – 7 – 10 AM</b> <b>SUN 7 – 10 AM</b> Download TeamReach app Group Code DCRVOPEN1
<b>Road to 3.0</b> 9-10:30am   \$35	<b>Open Play</b> 7-9am   Free	<b>Junior Pickleball</b> 5 – 6pm   \$120	<b>SPCL Mixed League</b> 9/10 AM   \$50 10/16 – 8 weeks	<b>Friday Night Socials</b>   \$25			<b>Try Pickleball</b> Tuesdays 6 – 7 PM Outdoors   120/month
<b>Ladies Advanced League</b> 7 pm   \$25 9/8 – 10/27	<b>Try Pickle</b> 6pm-7pm   \$120/month	<b>Beginner Pickleball Rules Clinic &amp; Open Play</b> 6 – 7pm   Free	<b>Young Professional Open Play</b> 6-9 pm   Free (Ages 22-31) 9/18, 9/25, 10/16, 10/23				<b>Rules Clinic &amp; Beginner Play</b> Wednesdays 6 – 7 PM Outdoors   Free
	<b>Men's League</b> 7 pm   \$25 9/8-10/28	<b>Advanced Mixed League</b> 7pm   \$25 9/10-10/29	<b>Beginner League</b> 7 pm   \$25 9/10-10/30				<b>Beginner League</b> Thursdays 7 PM Outdoors   \$25 / Season
							<b>Dave Critchley</b> DC Ranch Village Tennis Director DCritchley@dmbclubs.com
							<b>Russell Krzyzanowski</b> DC Ranch Village Tennis Front Desk & Pickleball Manager RKrzyzanowski@dmbclubs.com

# EVENT DETAILS

## Events & Programs

### Village Doubles

Coed Doubles timed rotations, players start court placement by UTR and winners move up and change partners, losers move down and change partners.

### Men's and Ladies Village Doubles

Men's and Ladies Doubles timed rotations, players start court placement by UTR and winners move up and change partners, losers move down and change partners.

### Road to 3.0 & Road to 4.0

Instructional led classes to continue to improve your fundamentals to become a 3.0 or 4.0 player based on class skill level

### Champions of the Court

Bring Your Partner for competitive up and downplay. Winners move up, Losers move down. Teams stay together. Champions will stay at the top court.

### Clinics

#### Skills Clinic

Themed clinic, each class will focus on a specific stroke, tactic, or strategy.

### Cardio Pickle

Sharpen your pickleball skills while getting a great cardio workout. Coach led drills and exercises

### Live-Ball Drill Academy

Coach led Live-Ball drills where players work on specific shots, tactics, movements, and court positioning.

### Monthly Programs

#### Friday Night Socials

Themed socials emphasizing fun, community, and great play. Themes include Pro-Am, Member Guest, Pinot and Pickle, and much more.

#### Try Pickle

Learn all basic skills to get playing pickleball in this month-long progressive class.

#### Pickleball Leagues

Grab your partner or team and compete in these month-long leagues against other members.

Monday Co-Ed AM (3.0)

Monday Ladies Intermediate – Advanced PM

Tuesday Night Men's PM (3.25+)

Wednesday Ladies AM (3.25+)

Wednesday Mixed Advanced PM (3.5+)

Thursday Pro Men's 4.0+ AM

Thursday 50+ Mixed AM (3.0 +)

Thursday Mixed Intermediate PM (3.0)

Thursday Beginner PM

Friday Ladies Rotational AM All Levels

### Village Tournaments

Every Saturday will be a different category of such play.

### Junior Programs

8 – 18 Years old

Positive coaching and development for all skill level juniors

#### Junior Pickleball

The focus is for proper grip and swing path for all strokes. Players will learn to serve, return, dink, drop, volley, and drive. Footwork basics and movement in pickleball.

Wednesdays 4pm – 5pm

#### UTR Pickleball Ratings

Sign up for free and get rated at [universaltennis.com](http://universaltennis.com) to receive your rating and be play against similar competitive competition at DC Ranch.

**P1** Beginner / Social 1.0 – 2.5

**P2** Intermediate 2.5 - 3.5

**P3** Advanced 3.5 – 4.49

**P4** Pro 4.5 +

Initial UTRP Rating

Players are given an initial UTRP rating category (P1-P4) Based on self-reported answers to our pickleball survey questions on [universaltennis.com](http://universaltennis.com).

### Court Reservation Policies:

2 Hour Court Reservation Only

Members can reserve courts 7 days in advance on VillageApp

Non-Members must check in at Front Desk & fill out iPad.

Member must present guest pass and accompany non-member at the Front Desk.

Non-Members can visit twice a month.

## Training and Recovery Classes At DC Ranch Main Club

### Monday

10:30 AM Mat Pilates  
4:30 PM Athletic Stretch

### Tuesday

4:30 PM Heated Deep Stretch (45 min)

### Wednesday

11 AM Deep Stretch  
5:45 PM Core & More (45 min)

### Thursday

4:30 PM Heated Stretch (45 min)  
4:45 PM Intro to Kinesis Wall (55 min)

### Friday

10:45 Core & More (45 min)

### Saturday

11 AM Heated Deep Stretch (45 min)  
12 PM Restorative Yoga / Deep Stretch (75 min)

### Sunday

4 PM Restorative Yoga / Deep Stretch (75 min)

### Pickleball Center Hours

7am – 10pm Daily  
(Lights out at 9:55pm)